

**September 2024 KSI Lunch\* Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2</b>  <b>HAPPY LABOR DAY! (CLOSED)</b>	<b>3</b> Sloppy Joes: WG Hamburger Bun, Ground Beef, Tomato Sauce, served with Cole Slaw, Mixed Fruit, Milk	<b>4</b> Shrimp Cobb Salad: Grilled Shrimp, Romaine Lettuce, Tomatoes, Cheddar Cheese, Hard Boiled Egg, Avocado, WG Croutons, Apple Sauce, Milk	<b>5</b> Breakfast for Lunch: Scrambled Eggs, Turkey Sausage, Cheddar Grits, WG Biscuit, Strawberries & Blueberries, Milk	<b>6</b> Loaded Chicken Casserole Served with WG Corn Flake Biscuit Crust, Broccoli, Peaches, Milk
<b>9</b> Turkey Ruben Sandwiches: Served with Swiss Cheese & Cole Slaw on WG Sliced Bread, Potato Salad, Mixed Fruit, Milk	<b>10</b> Grilled Shrimp Taco Salad: Romaine Lettuce, Black Beans, WG Brown Rice, Tomatoes, Roasted Corn, Avocado, Grilled Shrimp, Crushed WG Tortilla Chips, Mandarin Oranges, Milk	<b>11</b> BBQ Cheeseburger: Hamburger Topped with Cheddar Cheese, BBQ Pulled Pork, Lettuce, Tomato, Caramelized Onions, WG Hamburger Bun, Curly Fries, Pineapple, Milk	<b>12</b> Chicken Stir Fry: WG Brown Rice, Corn, Peppers, Onions, Zucchini, Yellow Squash, Topped with Grilled Chicken, Mandarin Oranges, Milk	<b>13</b> Baked WG Penne with Tomato Cream Sauce, Grilled Chicken, WG Texas Toast, Blueberries, Milk
<b>16</b> Chicken Gumbo: Served with WG Brown Rice, Assorted Vegetables, Mixed Fruit, Milk	<b>17</b> Cheesesteak Loaded Baked Potato: Shaved Beef, Peppers, Onions, White American Cheese, WG Roll, Curly Fries, Pineapple, Milk	<b>18</b> Chicken Caesar Salad, Grilled Chicken, WG Croutons, Romaine Lettuce, Parmesan Cheese, Housemade Caesar Dressing, Peaches, Milk	<b>19</b> Broccoli Shrimp Alfredo: WG Noodles, Broccoli, Grilled Shrimp with Housemade Alfredo Sauce, Texas Toast, Apple Sauce, Milk	<b>20</b> Loaded Meatball Subs: WG Bun Served with Beef Meatballs, Tomato Sauce, Mozzarella Cheese, Sweet Potato Tots, Mandarin Oranges, Milk
<b>23</b> Chicken Pot Pie: WG Biscuit, Corn, Peas, Carrots, Grilled Chicken in A Cream Sauce, Peaches, Milk	<b>24</b> Shrimp Quesadillas: Peppers, Onions, Pico de Gallo, Monterey Jack Cheese, Served on WG Tortilla, Mandarin Oranges, Milk	<b>25</b> Honey Mustard Chicken: Served with Sliced Potatoes, WG Roll, Roasted Broccoli, Pineapple, Milk	<b>26</b> Loaded BBQ Chicken Sandwich: BBQ Glazed Grilled Chicken Topped with Cheddar Cheese, Lettuce, Tomato, on WG Hamburger Bun, Mixed Fruit, Milk	<b>27</b> Loaded Turkey Soup & Grilled Cheese: Ground Turkey, Carrots, Peas, Diced Potatoes in a Tomato Broth. Served with Grilled Cheese on WG Toast, Apple Sauce, Milk
<b>30</b> Shrimp Tacos: Grilled Shrimp Cooked in a Tomato Sauce, Topped with Peppers & Onions, Cheddar Cheese, Lettuce, Tomato on a WG Taco Shell. Served with Yellow Rice, Pineapple, Milk				

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